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## **HEALTH AND WELLBEING BOARD**

**07 DECEMBER 2023**

### **SUPPLEMENTARY PAPERS**

**TO: ALL MEMBERS OF THE HEALTH AND WELLBEING BOARD**

The following papers have been added to the agenda for the above meeting.

These were not available for publication with the rest of the agenda.

Kevin Gibbs  
Executive Director: Delivery

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<b>9. SEXUAL REPRODUCTIVE HEALTH NEEDS ASSESSMENT</b>	<b>3 - 14</b>

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## **Key findings for Bracknell Forest: HWBB December 2023**

Rebecca Willans, Consultant in Public Health

# **Berkshire East Sexual and Reproductive (SRH) Health Needs Assessment 2023**

Agenda Item 9

# National context

## Funding and commissioning sexual health services

Responsibility for commissioning sexual health, reproductive health and HIV services is shared across local authorities, clinical commissioning groups and NHS England.

### Local authorities

- Comprehensive sexual health services including most contraceptive services and all prescribing costs, but excluding GP additionally-provided contraception
- STI testing and treatment, chlamydia screening and HIV testing
- Specialist services, including young people's sexual health, teenage pregnancy services, outreach, HIV prevention, sexual health promotion, services in school, colleges and pharmacies

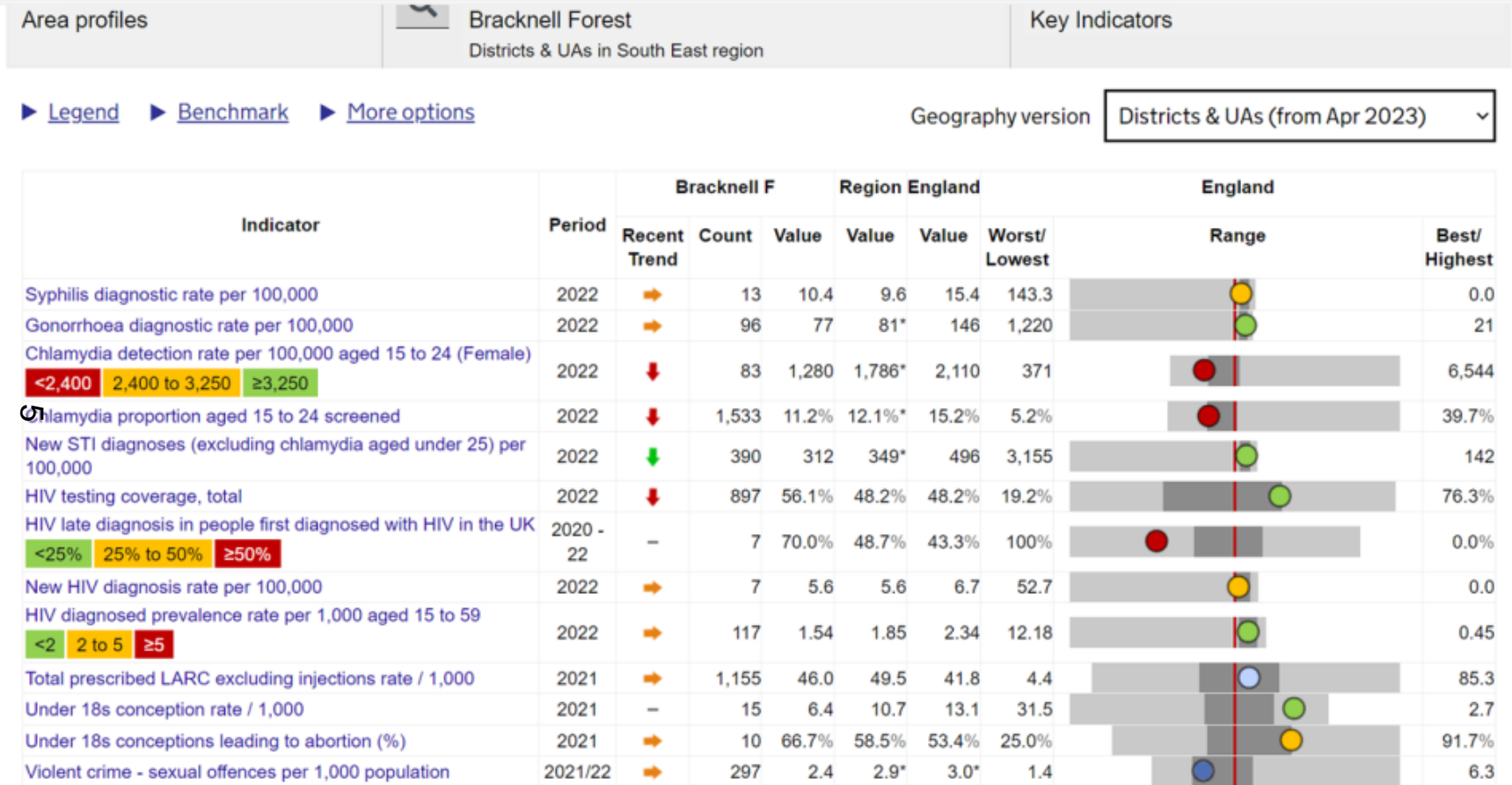
### Clinical commissioning groups

- Most abortion services
- Sterilisation
- Vasectomy
- Non-sexual-health elements of psychosexual health services
- Gynaecology including any use of contraception for non-contraceptive purposes

### NHS England

- Contraception provided as an additional services under GP contract
- HIV treatment and care (including drug costs for PEPSE)
- Promotion of opportunistic testing and treatment for STIs and patient-requested testing by GPs
- Sexual health elements of prison health services
- Sexual assault referral centres
- Cervical screening
- Specialist fetal medicine services

# Local context and scope of HNA



[Sexual and Reproductive Health Profiles - Data - OHID \(phe.org.uk\)](https://phe.org.uk)

# Current services

**SRH services available in Berkshire East (2022/23) have remained relatively consistent since the 2017 HNA and currently include:**

- Berkshire Healthcare Foundation Trust: specialist, integrated SRH
- SH24: home STI test kits that can be ordered online.
- GPs (2023/24): Long Acting Reversible Contraception (8/11)
- Pharmacy (2022/23) x 1: Emergency Hormonal Contraception (EHC) 13-24 yr olds
- Safe Sex Berkshire website: SRH service signposting, health promotion and advice.
- Youth team by thrive!: working with 3 secondary schools to support SRH education.

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**Also within Frimley ICS, NHS commissioned services for SRH include:**

- BPAS as provider of Termination of Pregnancy Services
- Frimley Healthcare Foundation Trust as provider of Maternity services and Gynaecology services



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# Key findings

Contraception  
STIs  
HIV

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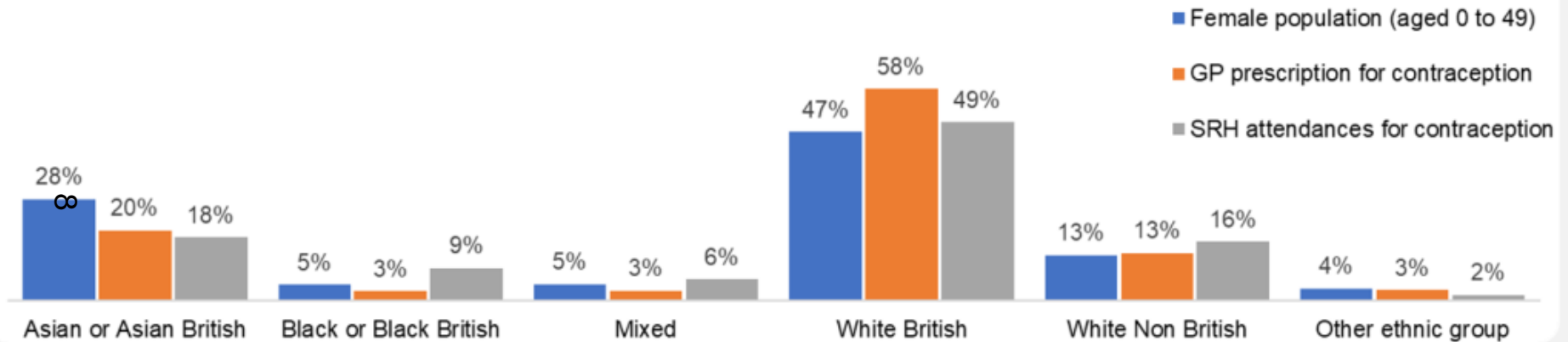


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# Contraception

Ethnicity was the population characteristic that most affected women's access to contraceptive services and reproductive health outcomes in Berkshire East, reflecting national patterns.

Proportion of women in Berkshire East by ethnic group, compared to population receiving contraception prescriptions from GP Practice and BHFT SRH services (2018-2023)



Sources: Population – ONS Census; GP Practice prescriptions – Frimley ICS Connected Care; BHFT SRH attendance – BHFT activity



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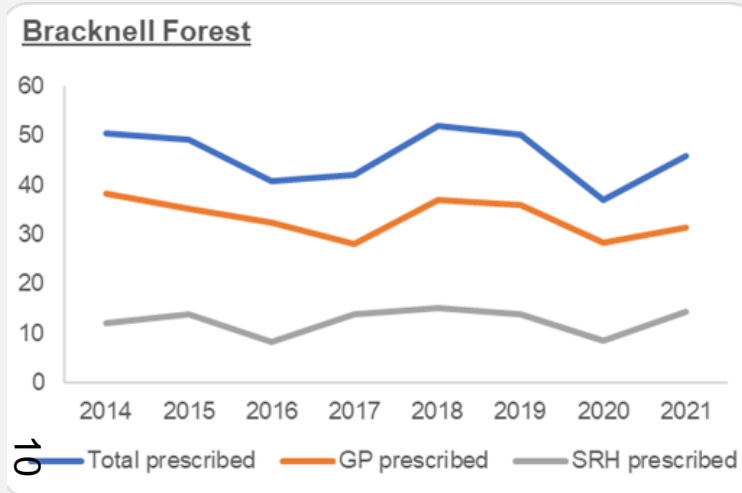


# Reproductive Health Outcomes

- Higher proportion of deliveries in Frimley were to mothers from Black, Asian and Ethnic Minority groups.
  - BMI rates of greater than 35 are particularly prevalent amongst Black / Black British mothers.
  - White mothers had a 7.3% chance of a pre-term birth, compared to 9.9% for Asian / British Asian mothers, and 10.3% for Black / Black British mothers.
- Women from black or black British backgrounds had a disproportionately higher number of ToPs in Berkshire East and repeat ToPs.
  - mixed or white British ethnic groups also had higher rates of repeat ToPs.
- In Berkshire East and Frimley ICS, women from black or black British and white backgrounds have a significantly higher uptake of EHC prescription.
- Need to understand the pre-conception care offer to women from ethnic minority populations

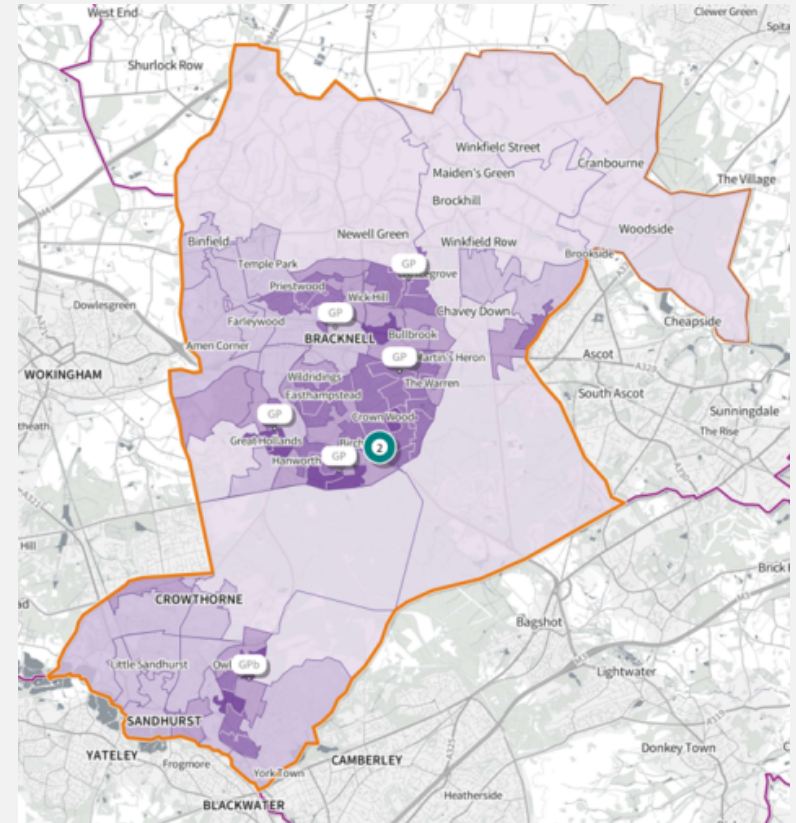
# Contraception: LARC

Rate of LARC prescription per 1,000 female population aged 15 to 44 – by prescription provider



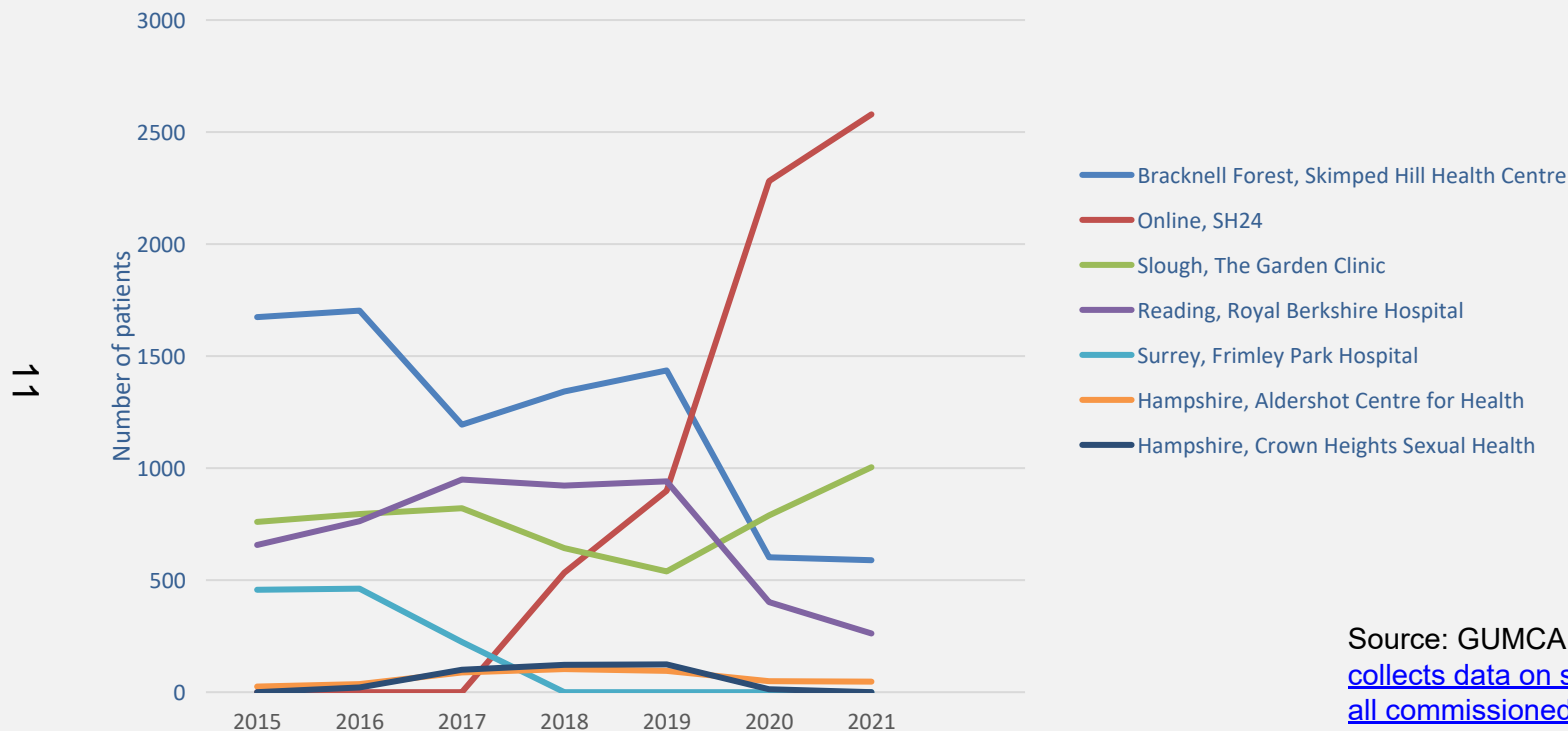
- Total LARC prescription rate higher than national rates but lower than the comparator deprivation decile rate.
- Availability of urgent contraception appointments concern raised by professionals.

GPs providing LARC in 2022 x pop density



# SRH Clinic access: Bracknell Forest residents

Specialist SRH service: numbers of Bracknell Forest patients accessing SRH services by location of clinics 2015-2021



Source: GUMCAD, [which collects data on services from all commissioned sexual health services in England.](#)



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# STIs

Bracknell's positivity rates are significantly lower than the national rate, but in line with the comparator deprivation decile.

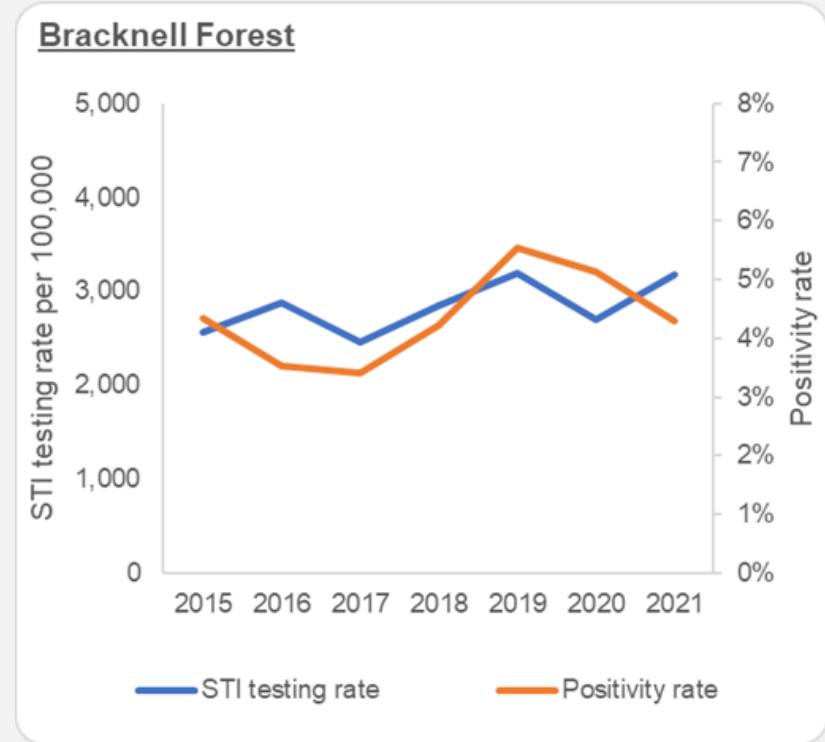
Bracknell's highest rates among 20-24 year olds and second highest among 25-35 year old males and 15-19 year old females.

Higher proportion STI diagnosis among people from black or black British, mixed and white backgrounds (Berkshire East).

Those from black or black British backgrounds appear to have the highest rates overall.

In contrast, those from Asian or Asian British and other ethnic groups have a lower proportion than expected.

**STI testing rate (excluding chlamydia) per 100,000 population and corresponding positivity rates**



# HIV (People Living with HIV – PLWHIV, testing and PrEP)

- In 2021 130 PLWHIV in Bracknell Forest.
- 62% men, 90% White or Black African.
- White PLWHIV: 89% men
- Black African PLWHIV: 77% female
- Exposure:
  - Men who have sex with men (40%)
  - Heterosexual women (37%)
  - Heterosexual men (18%)
- Most aged 35-64 (39% aged 35-49 and 40% aged 50-64)
- 98% PLWHIV in BFC receiving ART and of those where viral load known, 95% had viral load less than/equal to 50.

## HIV testing and PrEP

Significantly higher rates of testing among all demographic groups than England (BFC and BE).

Not returned to pre Pandemic HIV test rates.

PrEP initiation for the estimated population eligible in Bracknell Forest similar to the national and deprivation decile average (BFC = 63%).

However, eligibility data not available locally = gap

90% of BHFT's PrEP initiation was for gay or bisexual men.

72% of PrEP initiation was for white ethnic groups. Black or black British accounted for 2% of PrEP initiations.

No black or black British women received PrEP initiation from BHFT's SHS during the time period analysed.

# Priority areas for development

- Design of the digital SRH offer.
- SRH promotion and service access for:
  - Young people
  - Neurodiverse
  - Ethnicity
  - Refugees and asylum seekers
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  - Local SRH network
  - Women's health agenda (+pre-conception care)
  - HIV prevention